



DarkFox Scoring Sheet

Alone ☐ ☐ ☐	Catalyst ☐ ☐ ☐	Free Fall ☐ ☐ ☐	Hopelessness ☐ ☐ ☐
Aggrieved ☐ ☐ ☐	Vengeance ☐ ☐ ☐	Incel ☐ ☐ ☐	Costuming ☐ ☐ ☐
Sadist ☐ ☐ ☐	Research ☐ ☐ ☐	Checklist ☐ ☐ ☐	Objectification ☐ ☐ ☐
Consumed ☐ ☐ ☐	Irrational ☐ ☐ ☐	Encouragers ☐ ☐ ☐	Bullied/Teased ☐ ☐ ☐
Defiant ☐ ☐ ☐	Impulsivity ☐ ☐ ☐	Weapons Interest ☐ ☐ ☐	Weapons Acquisition ☐ ☐ ☐

Threat

Direct ☐ ☐ ☐	Lethality ☐ ☐ ☐	Time ☐ ☐ ☐	Leakage ☐ ☐ ☐
Location ☐ ☐ ☐	Organization ☐ ☐ ☐	Tone ☐ ☐ ☐	Rhetoric ☐ ☐ ☐
Planning ☐ ☐ ☐	Penetration ☐ ☐ ☐	Approach ☐ ☐ ☐	Blaze ☐ ☐ ☐

Suicide

Statement ☐ ☐ ☐	Treatment ☐ ☐ ☐	Self-Injury ☐ ☐ ☐	Self-Concept ☐ ☐ ☐
Eat ☐ ☐ ☐	Sleep ☐ ☐ ☐	Substances ☐ ☐ ☐	Attempts ☐ ☐ ☐

Previous Experiences

Death: ☐ Pet ☐ Parent/caregiver ☐ Someone close

Losses: ☐ Failed Class/assignment ☐ Kicked off team/injury

☐ Failed Greek pledge/kicked out ☐ Break up with partner

☐ Fired or let go from a job

Negative Experiences: ☐ Suspension from work or school

☐ Title IX sexual assault ☐ Legal trouble ☐ Arrested by police

☐ Title IX stalking, interpersonal violence or harassment

☐ Financial distress ☐ Extreme teasing or bullying

Other: ☐ None ☐ Unsure

Current Experiences

School: ☐ Pending/likely discipline action

☐ Pending/likely suspension ☐ Pending/likely expulsion

☐ Pending/likely involuntary medical withdrawal

Work: ☐ Pending or likely discipline action

☐ Pending or likely suspension ☐ Pending or likely loss of job

Social Life: ☐ Pending or likely criminal charges

☐ Pending or likely loss of home or living arrangement

☐ Pending or likely loss of relationship ☐ Difficult upcoming deadlines

☐ Increasing risk of financial stress/loss

☐ Return to school/work after an embarrassing event

☐ An atmosphere of teasing, bullying, and exclusion

☐ Coming out (sexual orientation)



Social Support



Restrict Firearms



Empathy



Activities



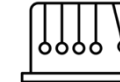
Purpose



Access to Care



Positive Climate



Consequence



Resiliency



DarkFox Scoring Sheet

Risk Assessment	Moderate	High	Extreme
Alone	Difficulty making friends, sadness, poor support	Failed attempts, explosive, never fit in	Extreme isolation; outsider, SI+
Aggrieved	Blames others, poor perspective, others wrong	actual/perceived injustices, resentments	Driven by grievances, revenge
Sadist	Fantasies about desire/plan to harm others	Focus on harm, buys tools, animal harm	Fixation on target, obsession/driven
Consumed	Focused on a singular topic, intrusive thoughts	Impacts grades, work, and relationships	Escalate, work/school termination
Defiant	Pushes against authority and structure, loner	A harmful debate; conduct/suspension	Rage, conflict, Menacing, threats
Catalyst	HR action, breakup, loss of major, financial stress	Multiple negative, major losses; death	Overwhelming stress, acceleration
Vengeance	Wants to set things right, justice, overwhelmed	Intense desire/anger, poor focus on life	Fantasizes, revenge, time/place
Research	Past shooters/weapons, interest in tactics	Fascination with shootings, detailed attack	Applies research/ study to attack
Irrational	Odd, intrusive thoughts, experiences, concern	Intrusive thoughts, panic, impact on work	Racing thoughts, poor focus, A/V+
Impulsive	Unplanned, emotional, reactive, no change	poor focus, conflicts+, worsen anger	Discipline/conduct/legal, menacing
Free Fall	Depressed, sad, isolated; no SI-, loss of support	Unable to improve; intersecting trouble	No function, poor finances/hope
Incel	Frustrated, no social/dating success, bullied	Blames society, hopeless, poor self-view	Giving up, isolated, us vs. them
Checklist	listing things to give away; fantasy about final acts	SI+, note/video, organization, planning	Manifesto, video, closing accounts
Encouragers	Limits to like-minded individuals, seeks agreement	Rejects others; focus on extreme view	Others encourage, blaze of glory
Weapons Acquisition	Curious about weapons, guns, tactics	Thinks about weapons, saves to buy	obsession/acquisition, mission
Hopeless	Sad/lonely, worried about future, poor focus	isolated, trapped, intrusive thoughts	Intolerable hopelessness, SI+, pain
Costuming	Affiliates with symbols/clothes, obtaining items	Acquires tactical gear, clothing, collecting	Purchases related to plan
Objectification	Others are not important, self-focused, few friends	Quick to assign blame, increase conflict	Constant racist, misogynistic target
Teased	Picked on, teased, impacting self-worth	Frequent teasing/bullying, fear, isolation	Daily teasing, impacts life, SI+
Weapons Acquisition	Researching weapons for scenarios, test fire	Purchases weapons, acquire gear, power	Purpose-driven purchases, stockpile



DarkFox Scoring Sheet

Threat Assessment	Moderate	High	Extreme
Direct	Vague threat, no specific target, time, or location	Specific threat verbally, vague location	Specific time, place, method, target
Location	Vague location; poorly defined, general location	Location mentioned, accessible/tactical	Location, clear threats, dry run
Planning	Shares research on target, lacks immediacy	Testing impact; gaining intel, gathering	high damage, overcoming obstacles
Lethality	limited weapons, could obtain a weapon	obtain guns, ability/knowledge, likely	Multiple firearms, tactics/practice
Organization	Threats/harassment, transient, lacks logic, MI+	Multiple threats, consistency/logic	Threat consistent, logical, plausible
Penetration	Casual study locations/plans, past attacks	Researching target and security schedule	Creates timeline, manifesto, time
Time	Vague time given, month/season, violence	Escalating threats, grievance/payback	Time narrowed, high lethality, time
Tone	Poor appetite/sleep, worry/concern, overeating	Sleep/eat all-consuming, missing classes	All encompassing, hopeless, SI+
Approach	Anger/frustration, Sadness, injustice, pain	Threats, intimidation/blame, punishment	Anger, rage, and desire for justice
Leakage	'Vague/limited, no time/place/method, sadness	Frustrations/injustices, trolling/justice	Specific threat, actionable, lethal
Rhetoric	Fiction; vague, jarring, but satirical to express pain	Tone/details, desire to inflict pain/insult	Used to destroy target's image
Blaze	Passing thoughts of suicide/martyrdom	Fantasizing and preparing; the only way	Time, location, target crystalize

Suicide Assessment	Moderate	High	Extreme
Statement	Not wanting to be around, others worry	Desire to die, little support, SI+	Plan feeling, trapped, lethal access
Eat	Loss/increase of appetite, emotional eating	Low appetite, weight loss, uncontrolled	Medical worry, isolation, poor self
Treatment	Previous outpatient, no current, no inpatient	weekly therapy or barriers to access	Sporadic meds, recent inpatient
Sleep	Tired, overwhelmed, and exhausted, early/late	Nightmares, wakefulness, insomnia	Cannot function, Constant/unable
Self-Injury	Frustration/boredom, non-lethal, yearly	Weekly cutting, burning, self-hatred	Daily injury, SI+, wish to disappear
Self-concepts	Negative, outsider, unhappy looks/friends, sad	Unreceptive, teased, lacks friends, alone	low self-view, dangerous/impulsive
Attempts	SI+ w/o plan, hints about attempt, non-lethal	Detailed planning, lethal means	Multiple previous, lethal, continued

Note: This quick reference sheet is based on the more complete DarkFox factors and descriptions available at <https://www.darkfoxthreat.com>. This document is intended as a quick reference and memory aid for those already familiar with the DarkFox system.

Abbreviation Key: hx = history, SI+ = indicated presence of suicidal ideation, LE = Law enforcement, A/V+ hallucinations, MI+ mental illness present